Senior Services

The Senior Center is operated through a partnership between Montgomery Township and the Somerset County Office on Aging. Click here for the Somerset County Office on Aging and Disability Services.

Wellness, Learning and Rec Programs, Events & Community Service Projects

We welcome new members 60+ years. We have in-person lunches for a suggested donation of \$2.50. Manager Denise Crowley sets up lunches & activities. To register for the Senior Center, contact Denise at 609-466-0846. For Food Pantry call 609-466-1054. Transportation to the center is handled by Somerset County Transportation – 908-231-7115 or 800-246-0527. NOTE: 24 hour notice for pick-ups and cancellations is required.

Senior Center Events

Montgomery Senior Wellness Center offer a wide range of experiences in a social and uplifting atmosphere intended to positively impact overall health. Members participate in programs and activities to support health living, social interaction, and good nutrition.

All Somerset County-operated senior wellness centers will continue to follow public healthcare guidelines for the safety of clients and caregivers in light of Covid-19.

Lunch service is available. Seniors can enjoy lunch at the Montgomery Senior Center or at any of the other five county-operated senior centers. **Registration is required**.

Monthly Events feature live music, music lessons, several types of exercise classes, and health offerings such as blood pressure screenings. Participants must register ahead of time for classes.

Call/email for a detailed calendar of events: 609-466-0846 or email

Read Senior Program Announcements or subscribe for email alerts

Meals on Wheels delivers hot and/or frozen meals, five days a week according to each client's meal-delivery schedule.

Facilities

Billiards Room - Available daily. Pool table is available daily on a drop-in basis.

Supporting Documents

Senior Center March 2023 Events 224.49 KB