

Nursing

Contact us at (908) 359-8211 ext. 2235, M-F 8:30 AM - 4:00 PM. To report a health emergency after hours, contact the Montgomery Township Police at 9-1-1.

Public Health Nursing

MTHD's nursing staff and partner agencies are on the front lines of fighting disease. Public Health Nurses investigate outbreaks of infectious disease, intervene to stop the spread of disease, and assure that all children are appropriately vaccinated. Public Health Nurses also screen and educate people at risk for chronic diseases like diabetes and high blood pressure, to help people live healthier lives.

Healthy Day Care

The Health Department inspects food service and general sanitation at day care centers. Each year, the Public Health Nurse reviews school immunization records to make sure that all children attending are appropriately vaccinated. The nurse also investigates outbreaks of illnesses in these facilities to make sure control measures are in place.

[Vaccination Requirements for Schools and Day Care](#)

[What Vaccines does my child need?](#)

Investigating Communicable Diseases and Outbreaks

Health Care providers are required to report cases of certain communicable diseases to the local Health Department where the patient lives.

[Reporting Requirements for Health Care providers](#)

Free Well Baby checkups and vaccinations for uninsured children

MTHD partners with Hillsborough Township and the Community Visiting Nurses to provide this service. To schedule an appointment, call (908) 725-9355 and ask for the "Child Health Conference".

Having trouble finding affordable, high quality care?

MTHD partners with Zufall Health Center for cancer screenings, and communicable disease treatment. Zufall offers a range of pediatric and adult primary care services with a focus on underserved people. Call 908-526-2335 for an appointment or visit [Zufall Health](#).

Each Fall, MTHD offers numerous flu vaccination clinics at convenient locations throughout its service area. For locations and hours, call 908-359-8211 x227 or view our flu vaccination clinic list (September through December).

[Influenza](#)

“Take Control of Your Health”

An evidence-based Chronic Disease Self-Management Program (CDSMP) is offered in your area. The workshops are self-management education for adults with chronic health conditions like arthritis, cancer, diabetes, heart disease, hypertension, asthma, etc. CDSMP is a series of weekly 2.5-hour-long classes for 6 weeks. Participants learn techniques for coping with the physical and psychological effects of chronic disease, and strategies for reducing symptoms. To register for an upcoming series, or to bring this series to your location, call (908) 359-8211 or [health \[at\] montgomerynj.gov](mailto:health@montgomerynj.gov) (email).